

SALESIAN COOPERATORS USA EAST

Sixteenth Sunday in Ordinary Time

MORNING PRAYER

Lord, open my lips.

— And my mouth will proclaim your praise.

HYMN

Lo, the dim shadows of the night are waning;
Radiantly glowing with the dawn returning;
Fervent in spirit, to the mighty Father
Pray we devoutly.

So shall our Maker, of His great compassion,
Banish all sickness, kindly health bestowing;
And may He grant us, of a Father's goodness,
Mansions in heaven.

This may He grant us, God for ever blessed,
Father eternal, Son, and Holy Spirit,
Whose mighty glory is through all creation
Ever resounding. Amen.

PSALMODY

Ant. 1 Praise the Lord, for his loving kindness will never fail, alleluia.

Psalm 118 Song of joy for salvation

The Lord our mighty God now reigns supreme; let us rejoice and be glad and give him praise (Revelation 19:6-7).

Give thanks to the Lord for he is good,
for his love endures for ever.

Let the sons of Israel say:
“His love endures for ever.”

Let the sons of Aaron say:
“His love endures for ever.”

Let those who fear the Lord say:
“His love endures for ever.”

I called to the Lord in my distress;
he answered and freed me.
The Lord is at my side; I do not fear.

What can man do against me?
The Lord is at my side as my helper:
I shall look down on my foes.

It is better to take refuge in the Lord
than to trust in men:
it is better to take refuge in the Lord
than to trust in princes.

The nations all encompassed me;
in the Lord's name I crushed them.
They compassed me, compassed me about;
in the Lord's name I crushed them.
They compassed me about like bees;
they blazed like a fire among thorns.
In the Lord's name I crushed them.

I was hard-pressed and was falling
but the Lord came to help me.
The Lord is my strength and my song;
he is my savior.
There are shouts of joy and victory
in the tents of the just.

The Lord's right hand has triumphed;
his right hand raised me.
The Lord's right hand has triumphed;
I shall not die, I shall live
and recount his deeds.
I was punished, I was punished by the Lord,
but not doomed to die.

Open to me the gates of holiness:
I will enter and give thanks.
This is the Lord's own gate
where the just may enter.
I will thank you for you have answered
and you are my savior.

The stone which the builders rejected
has become the corner stone.
This is the work of the Lord,
a marvel in our eyes.
This day was made by the Lord;
we rejoice and are glad.

O Lord, grant us salvation;
O Lord, grant success.
Blessed in the name of the Lord
is he who comes.
We bless you from the house of the Lord;
the Lord God is our light.

Go forward in procession with branches
even to the altar.
You are my God, I thank you.
My God, I praise you.
Give thanks to the Lord for he is good;
for his love endures for ever.

Glory to the Father, and to the Son, and to the Holy Spirit:
— as it was in the beginning, is now, and will be for ever. Amen.

Ant. Praise the Lord, for his loving kindness will never fail, alleluia.

Ant. 2 Alleluia! Bless the Lord, all you works of the Lord, alleluia!

Canticle – Daniel 3:52-57
Let all creatures praise the Lord
The Creator... is blessed for ever (Romans 1:25).

Blessed are you, O Lord, the God of our fathers,
praiseworthy and exalted above all forever.

And blessed is your holy and glorious name,
praiseworthy and exalted above all for all ages.

Blessed are you in the temple of your holy glory,
praiseworthy and glorious above all forever.

Blessed are you on the throne of your kingdom,
praiseworthy and exalted above all forever.

Blessed are you who look into the depths
from your throne upon the cherubim,
praiseworthy and exalted above all forever.

Blessed are you in the firmament of heaven,
praiseworthy and glorious forever.

Bless the Lord, all you works of the Lord,
praise and exalt him above all forever.

Glory to the Father, and to the Son, and to the Holy Spirit:
— as it was in the beginning, is now, and will be for ever. Amen.

Ant. Alleluia! Bless the Lord, all you works of the Lord, alleluia!

Ant. 3 Let everything that breathes give praise to the Lord, alleluia.

Psalm 150
Praise the Lord

Let mind and heart be in your song: this is to glorify God with your whole self (Hesychius).

Praise God in his holy place,
praise him in his mighty heavens.
Praise him for his powerful deeds,
praise his surpassing greatness.

O praise him with sound of trumpet,
praise him with lute and harp.
Praise him with timbrel and dance,
praise him with strings and pipes.

O praise him with resounding cymbals,
praise him with clashing of cymbals.
Let everything that lives and that breathes
give praise to the Lord.

Glory to the Father, and to the Son, and to the Holy Spirit:
— as it was in the beginning, is now, and will be for ever. Amen.

Ant. Let everything that breathes give praise to the Lord, alleluia.

READING

2 Timothy 2:8, 11-13

Remember that Jesus Christ, a descendant of David, was raised from the dead. You can depend on this:

If we have died with him
we shall also live with him;
If we hold out to the end
we shall also reign with him.

But if we deny him he will deny us. If we are unfaithful he will still remain faithful, for he cannot deny himself.

RESPONSORY

We give thanks to you, O God, as we call upon your name.
— We give thanks to you, O God, as we call upon your name.

We cry aloud how marvelous you are,
— as we call upon your name.

Glory to the Father, and to the Son, and to the Holy Spirit,
— We give thanks to you, O God, as we call upon your name.

CANTICLE OF ZECHARIAH

Ant. He saw the great crowd and had pity on them, for they were like sheep without a shepherd.

Luke 1:68 – 79

The Messiah and his forerunner

Blessed be the Lord, the God of Israel;
he has come to his people and set them free.
He has raised up for us a mighty savior,
born of the house of his servant David.

Through his holy prophets he promised of old
that he would save us from our enemies,
from the hands of all who hate us.
He promised to show mercy to our fathers
and to remember his holy covenant.

This was the oath he swore to our father Abraham:
to set us free from the hands of our enemies,
free to worship him without fear,
holy and righteous in his sight all the days of our life.

You, my child, shall be called the prophet of the Most High;
for you will go before the Lord to prepare his way,
to give his people knowledge of salvation
by the forgiveness of their sins.

In the tender compassion of our God
the dawn from on high shall break upon us,
to shine on those who dwell in darkness and the shadow of death,
and to guide our feet into the way of peace.

Glory to the Father, and to the Son,
and to the Holy Spirit:
as it was in the beginning, is now,
and will be for ever. Amen.

Ant. He saw the great crowd and had pity on them, for they were like sheep without a shepherd.

INTERCESSIONS

Open your hearts to praise the God of power and goodness, for he loves us and knows our needs:

We praise you, Lord, and trust in you.

We bless you, almighty God, King of the universe, because you called us while we were yet sinners,

— to acknowledge your truth and to serve your majesty.

We praise you, Lord, and trust in you.

O God, you opened the gates of mercy for us,

— let us never turn aside from the path of life.

We praise you, Lord, and trust in you.

As we celebrate the resurrection of your beloved Son,

— help us to spend this day in the spirit of joy.

We praise you, Lord, and trust in you.

Give to your faithful, O Lord, a prayerful spirit of gratitude,

— that we may thank you for all your gifts.

We praise you, Lord, and trust in you.

Our Father who art in heaven,
hallowed be thy name.

Thy kingdom come.

Thy will be done on earth, as it is in heaven.

Give us this day our daily bread,

and forgive us our trespasses,

as we forgive those who trespass against us,

and lead us not into temptation,

but deliver us from evil.

Concluding Prayer

Show favor, O Lord,

to your servants

and mercifully increase the gifts of your grace,

that, made fervent in hope, faith and charity,

they may be ever watchful in keeping your commands.

Through our Lord Jesus Christ, your Son,

who lives and reigns with you in the unity of the Holy Spirit,

God, for ever and ever.

— Amen.

DISMISSAL

The Lord be with you.

— And also with you.

May almighty God bless you,
the Father, and the Son, and the Holy Spirit.

— Amen.